

speech sounds, and conversational skills. Other areas that may be covered include: play, oral-motor skills, and eating and swallowing.

Occupational Therapy (if required): The occupational therapist will evaluate your child's fine motor skills, eye-hand coordination, and functioning in daily life. The OT may also look at sensory processing, play, and eating/swallowing

7. What Happens After The Assessment?

After the assessment is completed, a family meeting will take place. During the meeting the CDBC team will explain assessment results and diagnoses. Please feel free to invite other family members and professionals who work with your child, if you would like them there for support or to share information.

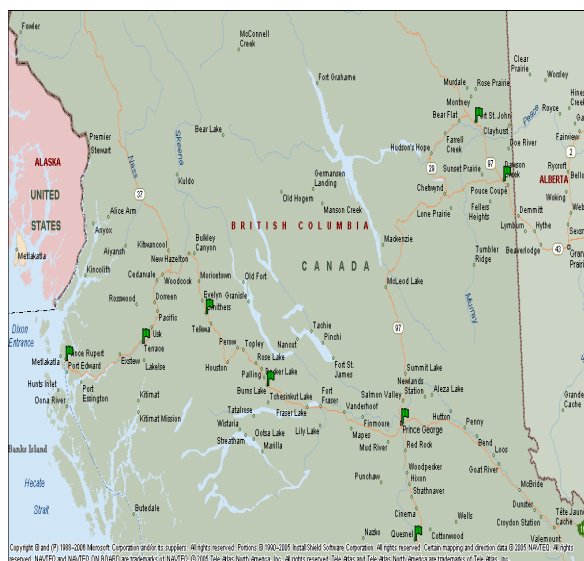
Within a few weeks, you will receive a report that will cover the assessment outcomes, diagnoses, and practical recommendations for interventions specific to your child's strengths and challenges.

For those diagnosed with FASD and other developmental conditions, the CDBC **Key Worker**, will assist you with finding services to meet the recommendations, if available.

For families where children are diagnosed with ASD, individualized funding is available.

CDBC assessments are provided in:

- Quesnel
- Prince George
- Burns Lake
- Smithers
- Terrace
- Prince Rupert
- Dawson Creek
- Ft. St. John



For more information about your community's CDBC assessment team, contact: 250-565-7374
Toll Free: 1-866-565-2999 ext (7374)



Northern Health Assessment Network (NHAN)
1444 Edmonton St, Prince George BC V2M 6W5
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NORTHERN HEALTH ASSESSMENT NETWORK (NHAN)

For Complex Developmental Behavioural Conditions



northern health

1. What Is The Complex Developmental Behavioural Conditions Assessment Clinic?

The Complex Developmental Behavioural Conditions (CDBC) program provides assessments and diagnoses for children and youth who are suspected of having an Autism Spectrum Disorder (ASD), Fetal Alcohol Spectrum Disorder (FASD) or other Complex Developmental and Behavioural Conditions.

2. How Can I Get My Child Assessed?

- ◆ Make an appointment with your family doctor to talk about your concerns.
- ◆ Your doctor may refer your child or youth to a Pediatrician or Psychiatrist to rule out possible medical causes for delays and difficulties.
- ◆ If Autism or Fetal Alcohol Spectrum Disorder, or other complex developmental behavioural conditions are suspected, the Pediatrician or Psychiatrist can make a referral to the CDBC clinic for a comprehensive diagnostic assessment.
- ◆ Where Autism is suspected, Registered Psychologists and Speech-Language Pathologists may also refer.

3. What Will Happen Next?

You will get a letter notifying you that a referral to CDBC has been received.

A Key Worker from the CDBC team will call you and begin to collect more information. This information will be reviewed to make sure an assessment is the best option for your child at this time. One of the Key Worker's roles is to

support your family through the assessment process.

If the CDBC clinic is determined to be the best fit for your child, you will be contacted with an appointment date to begin the diagnostic assessment process.

If it is decided that the CDBC clinic is not the best fit for your child, you will be informed why not, other resources will be suggested, and the Key Worker may assist you in accessing those resources.

4. How Long Will We Have To Wait For An Assessment?

There are wait times for CDBC assessments. However, we will do everything we can to see your child as soon as possible and will work with you to find other resources to meet your needs while you wait.

Our goal is to see children less than 6 years old within 3 months, and children over 6 years old within 6 months.

5. What Can You Do Before the Assessment?

Prior to the assessment, your child should have:

- A vision exam.
- A hearing test, if one has never been done, or if your child has had or has any hearing problems.

You can help us speed up the process by supplying the Key Worker with your child's previous records such as:

- records of height and weight over the years
- photographs of your child at different ages (school photos work well)
- school report cards and IEPs

- speech and language, occupational therapy, physiotherapy, and psychology reports, and other assessments and progress reports by community service providers.

If you don't have access to these reports, the Key Worker will obtain them.

6. What Will The CDBC Assessment Involve?

The key worker will coordinate assessment appointments for you and your family.

The multi-disciplinary CDBC team will complete a comprehensive diagnostic assessment, including:

Pediatrics: A pediatrician is a medical doctor who is trained to diagnose and manage the special needs of children and adolescents.

Psychology: The psychologist will work with you, your child or youth, and teachers to assess strengths and weaknesses across a number of areas. These include the assessment of cognitive abilities, academic achievement, attention, memory, planning, problem solving, personal care, social skills, and mental health concerns.

Speech and Language Pathology (if required): The speech language pathologist will look at your child's ability to understand words and sentences, and to communicate with others, including