

Understanding Complex Children Supporting Complex Families

Practical Strategies for Service Providers

September 15-18, 2010



A Regional Conference for:

- Therapists (OTs, PTs, SLPs)
- Key Workers
- CDBC Diagnostic Teams
- School and Community Based Teams



Funded by the Ministry of Children and Family Development, Northern Region

College of New Caledonia
LAKES DISTRICT CAMPUS
250.692.1700 1.866.692.1943 WWW.CNC.BC.CA/LAKESDISTRICT



Organized and hosted by the College of New Caledonia,
Lakes District

Session Details

Wednesday, September 15

Reference and Regulate Workshop™ Introductory Workshop & Advanced Intervention **David Loyst**

This workshop is presented in two parts. The Introductory Workshop is suitable for all interested audiences. The Advanced Intervention workshop is interactive, hands-on, and has a limited number of seats. It is intended for persons who provide intervention or directly supervise intervention (ie. therapists and 1:1 workers). While Reference and Regulate was developed for children with autism, many have found the program to be applicable for all children struggling with social communication and sensory behaviours. This includes children with FASD and other complex developmental conditions.

Prenatal Alcohol Exposure and the Brain **Dr. Andrea Scarth**

Alcohol has a profound impact on the brain and therefore on function across all domains. In this session we will look at brain structure and function, and the effects of alcohol on the developing brain.

Role of Occupational and Speech Therapy in CDBC Assessments **Sandy Haskett & Chantal Phillips**

This session will look at the key developmental domains assessed by OT and SLP in a typical CDBC assessment and how these team members contribute to the diagnostic process. Examples of strategies to support children, their families, and their school teams will be provided.

Thursday, September 16

Culturally Appropriate Practices for Working with Aboriginal Families **Julie Daum**

This workshop focuses on establishing culturally relevant practices while engaging families in the process of diagnosis and planning. It examines and discusses different practices and approaches with the goal of enhancing the family's experience and participation with the professionals involved.

Promoting Manageable Workloads/Caseload Management **Jason Gordon**

This session provides a brief history of the work Jason Gordon has been doing as the Provincial Paediatric Therapy Consultant as well as strategies and resources to assist Key Workers in the area of work load/caseload management.

Working with Families with Multiple Barriers **Anne Guarasci**

Individuals who have FASD face significant challenges with daily living. Participants will explore the unique needs of vulnerable families who face multiple challenges, including multi-generational FASD, and examine potential strategies and practice modifications that can assist in working more effectively with this population.

Best Practices with Family Conferencing **Julie Gelo**

This session will draw on Julie's extensive experiences as a parent and advocate for children with FASD and related conditions. Practical ideas for facilitating family conferences will be discussed, including how best to present diagnoses to biological, foster and adoptive families.

Friday, September 17

Sensory Processing and FASD: Research and Strategies to Support Behaviour **Dr. Tracy Jirikowic & Julie Gelo**

A practical workshop for physicians, therapists, 1:1 workers, school and community teams, and families. Dr. Jirikowic will review her current research on FASD and sensory processing as well as discuss the science behind the strategies we all use. Fun and helpful ideas will be demonstrated to support children's behaviour in the classroom and at home.

Saturday, September 18

Making the Most of Moe™ **Anne Gardner**

The *Moe the Mouse™* Curriculum Box, owned and distributed by the BC Aboriginal Child Care Society, is an innovative early speech and language curriculum box that uses Aboriginal toys and stories to enhance language development in children ages 3–5. *Making the Most of Moe* is a workshop developed and owned by Anne Gardner and Margaret Chesterman, SLP's. *Making the Most of Moe* workshops are scheduled by BC ACCS and presented throughout BC, and are facilitated by either Anne or Margaret on contract to BC ACCS. The workshop trains early childhood educators and parents how to use the *Moe the Mouse™* Speech and Language Curriculum Box.

Conference Schedule

Date	Time	<u>Key Workers & CDBC Teams</u>	<u>Therapists & 1:1 Workers</u>	<u>School & Community Teams</u>
DAY 1 Wednesday September 15	9:00 - 12:00	Reference & Regulate™ : Introductory Workshop	Reference & Regulate™ : Introductory Workshop	Reference & Regulate™ : Introductory Workshop
	12:00 - 1:00	Key Workers Networking Lunch	Lunch Break	Lunch Break
	1:00 - 2:00	Prenatal Alcohol Exposure and the Brain	Reference & Regulate: Advanced Intervention	<i>See Friday schedule below</i>
	2:15 - 4:00	Role of OT and SLP with CDBC Assessments		
	6:30	Recreation Activities Kager Lake		
DAY 2 Thursday September 16	9:00 - 10:30	Culturally Appropriate Practices for Working with Aboriginal Families	Continued: Reference & Regulate: Advanced Intervention	<i>See Friday schedule below</i>
10:45 - 12:00	Caseload Management			
	12:00 - 1:00	Lunch Break/Resource Fair	Lunch Break/Resource Fair	Lunch Break/Resource Fair
	1:00 - 2:30	Working with Families with Multiple Barriers	Continued: Reference & Regulate: Advanced Intervention	
	2:45 - 4:30	Best Practices with Family Conferencing		
	7:00 - 9:00	Dessert & Wine Social		
DAY 3 Friday September 17	9:00 - 12:00	Sensory Processing and FASD: Research and Strategies to Support Behaviour	Sensory Processing and FASD: Research and Strategies to Support Behaviour	Sensory Processing and FASD: Research and Strategies to Support Behaviour
	12:00 - 1:00	Lunch Break & Resource Fair	Therapist Networking Lunch with Jason Gordon and Les Smith	Lunch Break & Resource Fair
	1:00 - 4:30	Continued: Sensory Processing and FASD	Continued: Sensory Processing and FASD	Continued: Sensory Processing and FASD
DAY 4 Saturday September 18	9:00 - 3:00	Making the Most of Moe™ (For ECE programs and therapists)		

Conference Presenters

Julie Daum

Julie works in conflict resolution training. She has a Mediation Certificate from UNBC, a Certificate in Conflict Resolution from the JIBC, and is a mediator practicing in northern areas of the province. She is a member of the Wet'suwet'en First Nation and currently lives on the Stellaquo Reserve with her husband and five children.

Anne Gardner

Anne Gardner is a Speech Language Pathologist with over 30 years experience working with preschool children. Anne is from Vancouver Island (Courtenay/Comox area). In addition to facilitating *Making the Most of Moe* workshops throughout BC, Anne works as an SLP for the Vancouver Island Health Authority. Along with Margaret Chesterman, Anne developed the *Moe the Mouse*™ Curriculum Box for BC ACCS, and developed the *Making the Most of Moe* workshops.

Julie Gelo

Julie is the mother of 16 children, 9 of whom have been diagnosed with FAS or related conditions. She has been the Family Advocate for the Washington State Fetal Alcohol Syndrome Diagnostic and Prevention Network core team at the University of Washington for 14 years. In addition to her role as a recognized international presenter, she is also the Executive Director for the Washington State affiliate to the National Organization on Fetal Alcohol Syndrome (NOFAS Washington State).

Jason Gordon

Jason is a Physiotherapist and previously worked in the Bulkley Valley and Lakes District. He holds a Master's degree in Health Studies and is a substitute instructor for the Okanagan College Therapist Assistant Diploma program. He currently holds the position of Provincial Paediatric Therapy Recruitment and Retention Coordinator (PPTRRC), which was created to advise the government on strategies to address the issues of recruitment and retention for public sector therapists working with children from birth to age 19.

Anne Guarasci

Anne has worked in various capacities over the last 20 years with families who have FASD. She developed and delivered the nationally recognized 'Community FASD Prevention Program' which includes advocacy and support for women at risk of drug/alcohol use during pregnancy. Anne has been involved extensively in FASD training/education and policy development at the community, provincial, and national level.

Sandy Haskett

Sandy was a clinical instructor at the School of Rehabilitation Sciences at UBC from 1996 to 2002 and has worked as an Occupational Therapist with the Early Intervention Services program at CNC, Lakes District since moving to the area 8 years ago. She currently teaches one of the online courses in the CNC Advanced Diploma in FASD program.

Social and Recreational Opportunities

Wednesday, September 15

6:30 - 8:30pm

Unwind and enjoy the Lakes District's spectacular fall colours! Join us for an evening of relaxing or adventurous outdoor activities at the Boer Mountain Recreation Area. Boer Mountain has made international news for its world class downhill and cross country mountain biking trails (www.burnslaketrails.ca). Ride the trails or take advantage of the area's great walking or hiking.

Thursday, September 16

7:00 - 9:00pm

Join your colleagues for an evening of art, music, dessert and networking! We will supply a variety of yummy desserts and wine, as well as showcase local artists and musicians for your enjoyment.

Dr. Tracy Jirikowic, PhD, OTR/L

Tracy is an assistant professor in the Division of Occupational Therapy at the University of Washington. Her clinical background includes work in early intervention, school-based practice, and outpatient pediatric specialty clinics. She has been a clinician with the University of Washington Fetal Alcohol Diagnostic and Prevention Network for the past 15 years. Along with Drs Sterling Clarren and Susan Astley, Dr. Jirikowic is a National Consultant for the Arctic FASD Regional Training Center. She has published and presented on clinical issues and research related to children with FASD.

David Loyst

David has a Master's degree in Speech Language Pathology and over 15 years of experience practicing in hospitals, child development centres, childcare centres, schools and home-based intensive intervention programs. Loyst and Associates Autism Services Inc. has provided consulting and intensive intervention services to hundreds of families in Vancouver and on Vancouver Island since they began in 2001. Since developing Reference and Regulate, Loyst and Associates has presented dozens of workshops for professionals and families to great acclaim.

Chantal Phillips

Chantal, born and raised in Burns Lake, is a Speech Language Pathologist working with the Early Intervention Services program at CNC, Lakes District. She is also the SLP on the Lakes/Nechako CDBC assessment team. She has 18 years of experience working with children and families, with 12 of those years in her home community of Burns Lake.

Dr. Andrea Scarth, MD

Andrea worked as a medical doctor in BC and Ontario for thirteen years before moving to Burns Lake and joining the team at CNC Lakes Campus in 2002. The combination of her academic background in brain sciences and her clinical experience in rural communities led to an interest in the impact of prenatal alcohol exposure on the brain.

Les Smith

Les is an Occupational Therapist and Director of Programming at the Prince George Child Development Centre. Les conducted regional surveys on recruitment and retention issues and the use of rehabilitation assistants during his term as Professional Practice Leader for Therapists in the North.



Other recreational activities include:

- Spirit Square's Lakeside outdoor exercise equipment
- Explore the 'Southside' across Francois Lake by Ferry
- Lakeside walking paths at Kager and Francois Lake
- Rod Reid Nature Trail walking path
- Kager Lake, Burns Lake, Tchesinkut Lake and Decker Lake are all within 15 minutes of town for canoeing or kayaking

Accommodation Information

Sunshine Inn: 250-692-7696

(Please mention this conference to receive a 10% discount)

For other accommodation options in the Lakes District, visit <http://www.hellobc.com> (go to Burns Lake, accommodation)

Understanding Complex Children, Supporting Complex Families

September 15-18, 2010

Register by email, fax, or post: **Attention: Carla Fox**

Deadline: September 1, 2010

email: ksdist@cnc.bc.ca

(f) 250. 692.1750

PO Box 5000 Burns Lake, BC V0J 1E0

Please print clearly – we will use this information to prepare your conference nametags and certificates of attendance.

Last Name/First Name/Initials _____

Complete Address _____

City/Prov./Postal Code _____

Daytime Telephone Number _____

Organization Name _____

Email address (Print clearly) _____

Date of Birth (used in registration process) _____
Day / Month / Year

Workshops

Please indicate each of the following sessions you plan to participate in.

Wednesday, September 15th

- 9:00 – 12:00**
Reference & Regulate – Introductory Workshop
- 1:00 – 2:00**
Prenatal Alcohol Exposure and the Brain
- 2:15 – 4:00**
The Role of OT and SLP in the CDBC assessment process
- 1:00 – 4:00**
Reference & Regulate – Advanced Intervention

Thursday, September 16th

- 9:00 – 10:30**
Culturally Appropriate Practices for Working with Aboriginal Families
- 10:45 – 12:00**
Caseload Management
- 1:00 – 2:30**
Working with Families with Multiple Barriers
- 2:45 – 4:30**
Best Practices with Family Conferencing
- 9:00 – 4:30**
Reference & Regulate – Advanced Intervention

Friday, September 17th

- 9:00 – 4:30**
Sensory Processing and FASD: Research and Strategies to Support Behaviour

Saturday, September 18th

- 9:00 – 3:00**
“Making the Most of Moe” – ECE Early Language Development Curriculum

Please Indicate Your Profession

- | | |
|--|---|
| <input type="checkbox"/> OT | <input type="checkbox"/> Teacher |
| <input type="checkbox"/> SLP | <input type="checkbox"/> Teacher Assistant |
| <input type="checkbox"/> PT | <input type="checkbox"/> Daycare/Preschool Worker |
| <input type="checkbox"/> Key Worker | <input type="checkbox"/> Family |
| <input type="checkbox"/> Physician | <input type="checkbox"/> Supported Child Development Worker |
| <input type="checkbox"/> Psychologist | <input type="checkbox"/> IDP |
| <input type="checkbox"/> Social Worker | <input type="checkbox"/> Other (Please Specify) |

Social & Recreational Opportunities

- Wednesday, September 15th**
6:30-8:30pm
Kager Lake Hiking/Biking
- Thursday, September 16th**
7:00 – 9:00pm
Wine and dessert evening

***Please let us know if you think you may join us!
(This will help us with planning)**

Resource Fair

The Resource Fair is an opportunity to highlight our region's programs and services.

- Please indicate if you would like space reserved to display your program information.

PLEASE NOTE

- *Refer to the program for session descriptions
- *Some sessions have limited registration
- *This conference is being funded by MCFD and CNC – All sessions are free.

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